GRAND COMMANDERY OF ALABAMA

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THE POWER OF THREE LITTLE WORDS

Some of the most significant messages people deliver to one another often come in just three words. When spoken or conveyed, those statements have the power to forge new friendships, deepen old ones and restore relationships that have cooled.

The following three word phrases can enrich every relationship:

I'LL BE THERE - Being there for another person is the greatest gift we can give. When we are truly present for other people, important things happen to them and to us. We are renewed in love and friendship. We are restored emotionally and spiritually. 'Being there' is at the very, very core of civility.

I MISS YOU - Perhaps more marriages could be salvaged and strengthened if couples simply and sincerely said to each other, "I miss you." This powerful affirmation tells partners they are wanted, needed, desired and loved.

I RESPECT YOU - Respect is another way of showing love. Respect conveys the feeling that another person is a true equal. It is a powerful way to affirm the importance of a relationship.

MAYBE YOU'RE RIGHT - This phrase is highly effective in diffusing an argument and restoring frayed emotions. The flip side of "maybe you're right" is the humility of admitting "maybe I'm wrong."

PLEASE FORGIVE ME - Many broken relationships could be restored and healed if people would admit their mistakes and ask for forgiveness. All of us are vulnerable to faults, foibles and failures. A person should never be ashamed to own their mistakes when they have been in the wrong, which is by saying, in other words, that they are wiser today than yesterday.

I THANK YOU - Gratitude is an exquisite form of courtesy. People who enjoy the companionship of good, close friends are those who don't take daily courtesies for granted. They are quick to thank their friends for their many expressions of kindness. On the other hand, people whose circle of friends is severely constricted often do not have the attitude of gratitude.

COUNT ON ME - "A friend is one who walks in when others walk out." "Loyalty is an essential ingredient for true friendship; it is the emotional glue that bonds people. Those who are rich in their relationships tend to be steady and true friends. When troubles come, a good friend is there, indicating "you can count on me."

LET ME HELP - The best of friends see a need and try to fill it. When they spot a hurt they do what they can to heal it. Without being asked, they pitch in and help.

I UNDERSTAND YOU - People become closer and enjoy each other more if they feel the other person accepts and understands them. Letting others know in so many little ways that you understand him or her is one of the most powerful tools for healing your relationship.

GO FOR IT - Some of your friends may be non-conformists, have unique projects and unusual hobbies. Support them in pursuing their interests. Rather than urging your loved ones to conform, encourage their uniqueness - everyone has dreams that no one else has.

I suppose the 3 little words that you were expecting to see have to be reserved for those who are special; that is I LOVE YOU...

-- Author Unknown

E-mail Ministry: http://www.emailministry.org

THE BEAUTIFUL COLOUR OF LOVE

What colour is God, Asked the child with skin so fair Is He white like me, Does He have light hair?

Is God dark like me, Asked the child with skin of golden hue, Has He hair that's dark and curly, Are His eyes black or blue?

I think God is red like me, The Indian boy is heard to say --He wears a crown of feathers, And turns our nights to day

Each one of us knows that God is there In ALL the colours above But be sure of this, the one colour He is, Is the beautiful colour of love

So when your soul goes to Heaven, When your life comes to its end --He will be waiting, and His hand to you Will He extend.

There will be no colours in Heaven, Everyone will be the same. You will only be judged by your earthly deeds, Not your colour or your name

So when your time comes, And you see God in His Heaven above, Then you will see the only colour that counts, The beautiful colour of LOVE.

-- Author Unknown

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